



Annual Outcome Report

Jan 2025 - Dec 2025

Liberty House

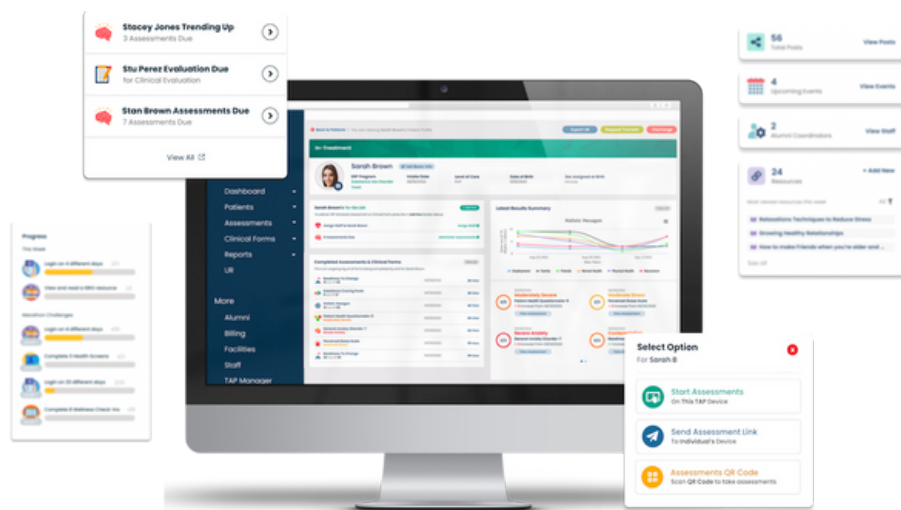
Collected & Compiled by ERPHealth



About ERPHealth and GRO

GRO is an Outcome Tracking Platform that provides real-time, clinical outcome tracking. Our enterprise-grade technology platform engages directly with the patient, collecting standardized assessments on a weekly basis used to personalize care, track outcomes and increase revenue for providers.

ERPHealth offers providers third-party verified documentation showcasing their outcomes to payers and regulatory agencies encouraging compliance and providing support through necessary audits and accreditation processes.



WHY AN ANNUAL REPORT?

The current focus of our annual report is created via data from our platform over the course of the year. We primarily leverage our existing databases in support of quantitative investigations aimed along with the following three domains.

- Evaluating the impact of integrating technology for measurement-informed care
- Tracking outcomes to determine efficacy of Liberty House treatment programs
- Exploring cohort differences based on patient demographics to tailor treatment



Executive Summary

Liberty House 2025 outcomes data demonstrate strong patient engagement, exceptional clinical improvement, and a consistently high-quality treatment experience.

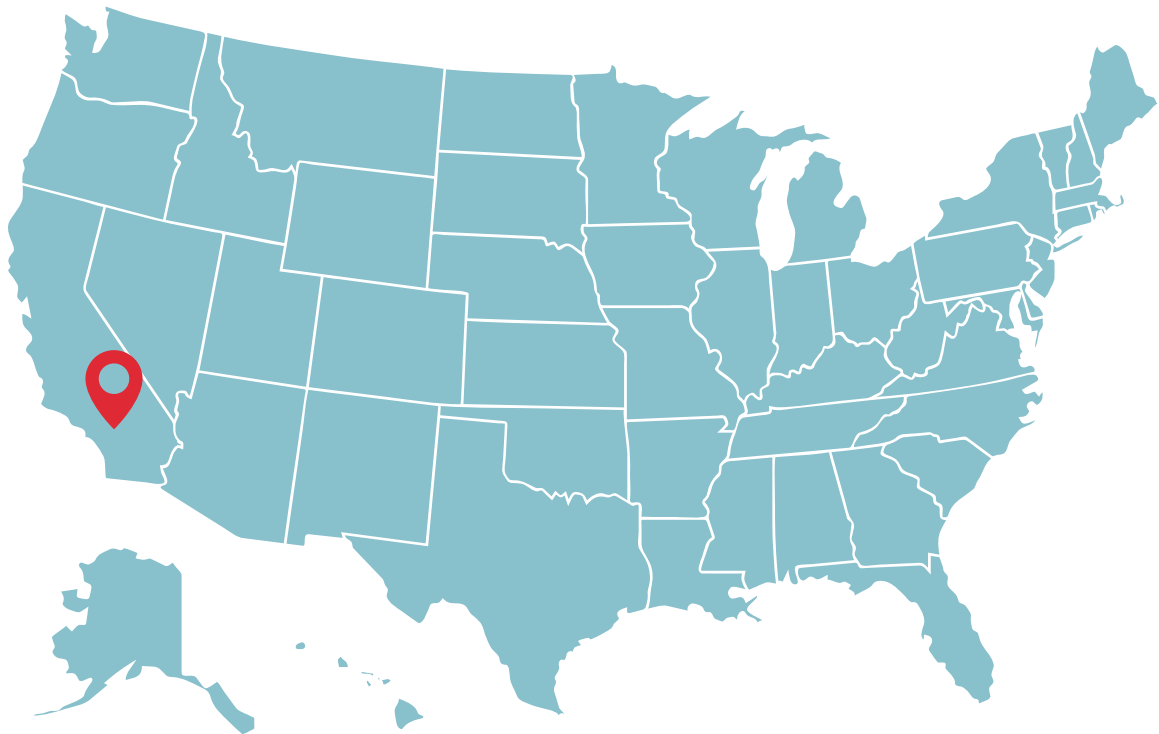
Between January and October 2025, Liberty House achieved an **average patient engagement rate of 95%**, significantly exceeding both the ERPHealth engagement threshold (70%) and the ERP California average (81%). During this period, more than **2,100 standardized clinical assessments** were completed, supporting reliable, measurement-based care.

Clinical outcomes reflect substantial symptom improvement among patients who completed follow-up assessments. Patients experienced reductions of **82% in substance cravings, 60% in depression, 49% in anxiety, and 36% in perceived stress**, along with a **44% improvement in overall quality of life**. Notably, Liberty House improvements in cravings and depression exceeded ERPHealth national benchmarks.

Patient satisfaction remained consistently high, with an organization-wide average score of **4.7 out of 5**, outperforming the ERPHealth customer average. These results highlight the strength of Liberty House's clinical programming, staff professionalism, and supportive treatment environment.

Through a focused treatment model, high patient engagement, and data-driven outcomes tracking, Liberty House continues to deliver measurable, high-impact care that supports both short-term stabilization and long-term recovery.





1

Treatment Program Using GRO

96% **Engagement Rate**

vs ERP Threshold: 70%
vs ERP National Avg: 81%

2,150

Total Assessments Administered

PATIENT FEEDBACK

“

Staff and everyone i met was caring and supportive thank you liberty house for helping me change my life and opening up my eyes. **I get a 2nd chance at a sober and positive life.**”

Best facility I have ever been a client of. The staff is just exceptional in making you feel welcome; groups are great and keep you interested in your recovery.”

So incredibly grateful to be here, grateful for genuine, caring & loving staff. **Also extremely thankful to be feeling more safe & more calm than I’ve felt in a long time.** Feels good not to do it alone again.”



Reporting Period: Jan 2025 to Dec 2025

Patient Satisfaction Overview

The patient satisfaction survey is rated on a 1-5 scale (1-Extremely Dissatisfied, 5- Extremely Satisfied). The categories measured are: Cleanliness of Facility, Treatment Groups, Treatment Counselors, Staff Kindness and Overall Experience.

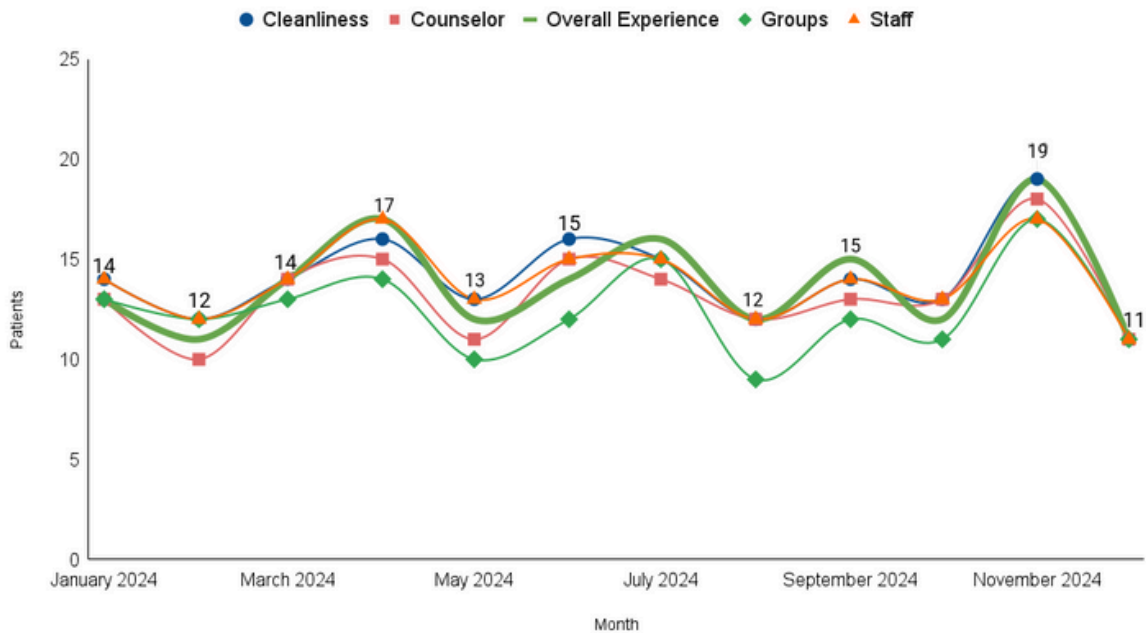
Organizational Average = 4.7/5
vs 4.5/5 for ERP Customers



Number of satisfaction surveys = 191
Number of patients = 85
Females = 40
Males = 45



Graph shows patients who scored 4 or 5 in each Satisfaction Survey category.



Key Findings

Patient satisfaction is assessed regularly throughout treatment and covers important areas like staff kindness, satisfaction with counselors and groups, the cleanliness of the environment, and the overall experience. Liberty House patient population rated overall satisfaction at a 4.7/5 stars and rated staff kindness an excellent 4.8 out of 5 stars.





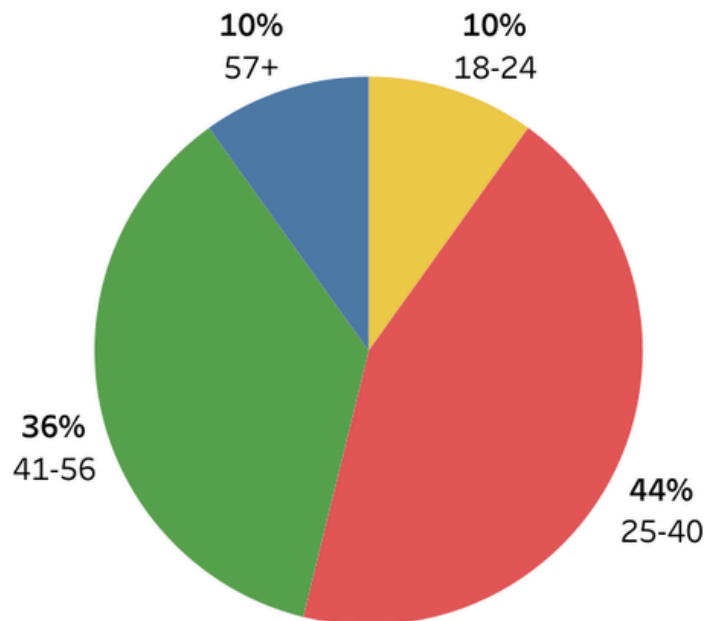
Reporting Period: Jan 2025 to Dec 2025

All Patient Data

With 83 unique Liberty House patients added to ERPHealth's GRO platform between Jan 2025 and Dec 2025, 73% identify as male and 23% identify as female. Patient age ranges from 19-70 with 10% falling in the 18-24 age group, 44% falling in the 25-40 age group, 36% in the 41-56 age group, and 10% over 57 years old. Overall, the average length of stay for this group was 21 days.

	Unique Patients Added: 83	Female Patients: 23	Male Patients: 60	Age Range: 19-70	Median Age: 38 yrs old	Avg. Length of Stay: 21 Days
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PATIENT DEMOGRAPHICS Patients by Age Group



Pie chart shows distribution of patients by their age group. It reveals that majority of Liberty House patients were in the 25-40 age group.





Reporting Period: Jan 2025 to Dec 2025

Patient Engagement

Patient engagement is defined as the percentage of assessments that are completed of the total assigned. ERPHealth’s standard for successful engagement is 70% and Liberty House achieved an overall engagement rate of 95% with the administration of over 2,000 assessments from Jan-Dec 2025. The engagement rate ranged from 91%, which was achieved in August 2025 to 100%, which was achieved in Sept and Nov 2025. Liberty House remained above ERPHealth’s standard for successful engagement and above CA competitors in all the months. The 4 assessments administered routinely include the measures: PHQ9, the GAD7, the Perceived Stress Scale, and the Holistic Hexagon.

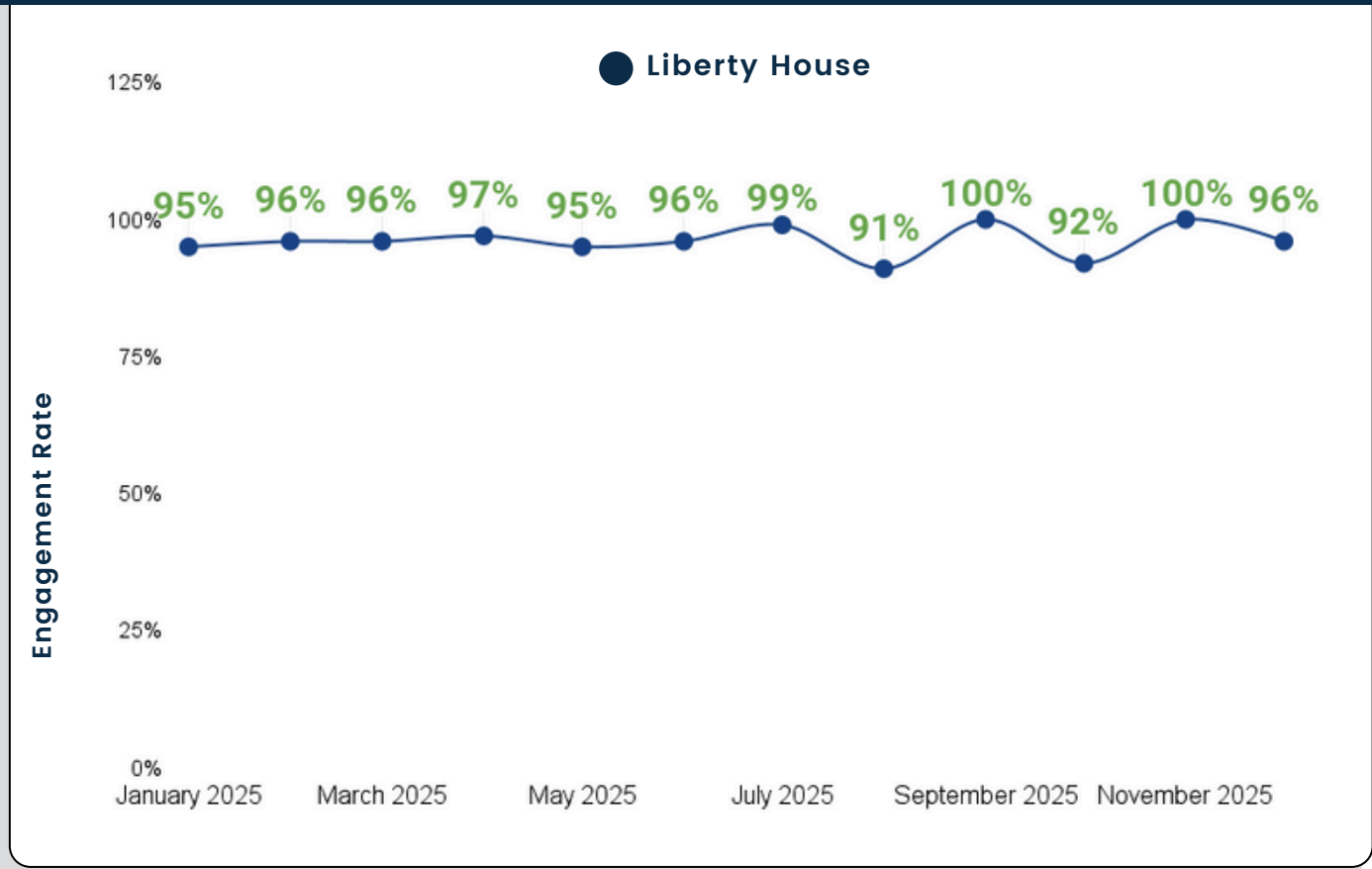
Gold Standard Assessments Completed

Perceived Stress Scale
295

GAD-7
298

PHQ-9
246

Substance Craving Scale
357



Graph shows monthly engagement rate at Liberty House



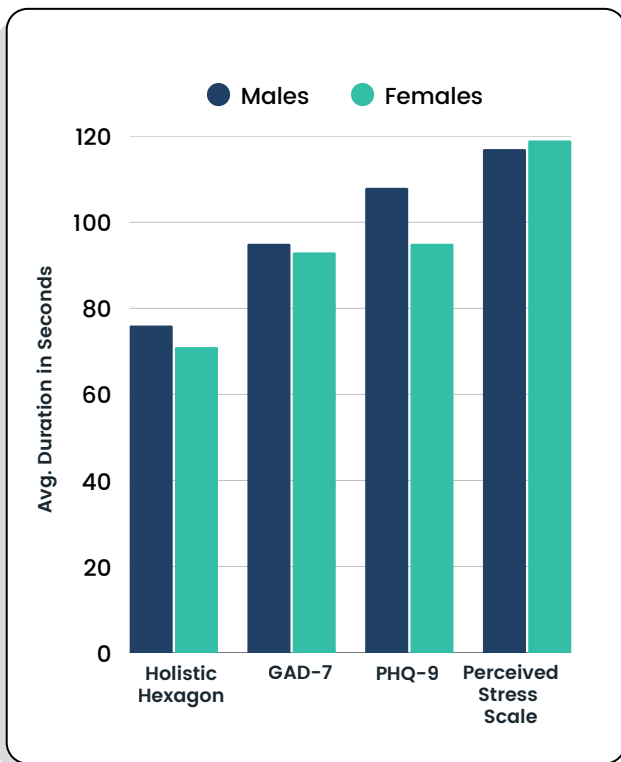


Reporting Period: Jan 2025 to Dec 2025

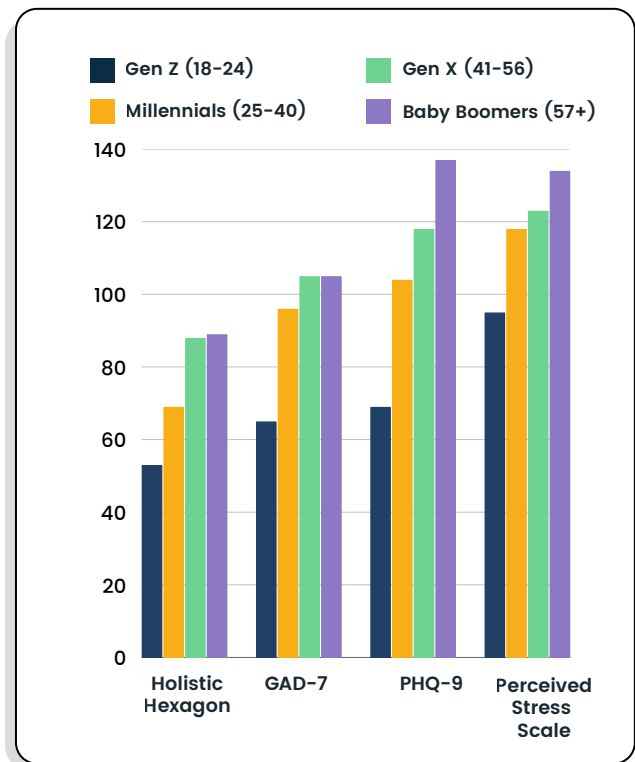
Patient Engagement

DURATION ANALYSIS

Liberty House patients are completing vital behavioral health assessments in minutes, providing clinicians with the data needed to drive treatment intervention and planning. Because patients complete assessments via ERPHealth’s GRO platform prior to and in preparation for the clinical encounter, valuable face-to-face time is protected and the patient experience is improved through targeted, data-driven discussion. Treatment is made both more efficient and more effective as providers are able to establish measurement-informed care with color-coded results in the patient profile. Liberty House patients took between 1-2 minutes to complete assessments of depression, anxiety, overall quality of life, and perceived stress. On average, male patients took longer to complete assessments compared to female patients. Patients took more time to complete assessments as age increased - patients over 57 years old took longer to complete measures, with the longest duration to completion just above 2 minutes.



*Graph shows duration of completion of assessments by gender.



*Graph shows duration of completion of assessments by age group.





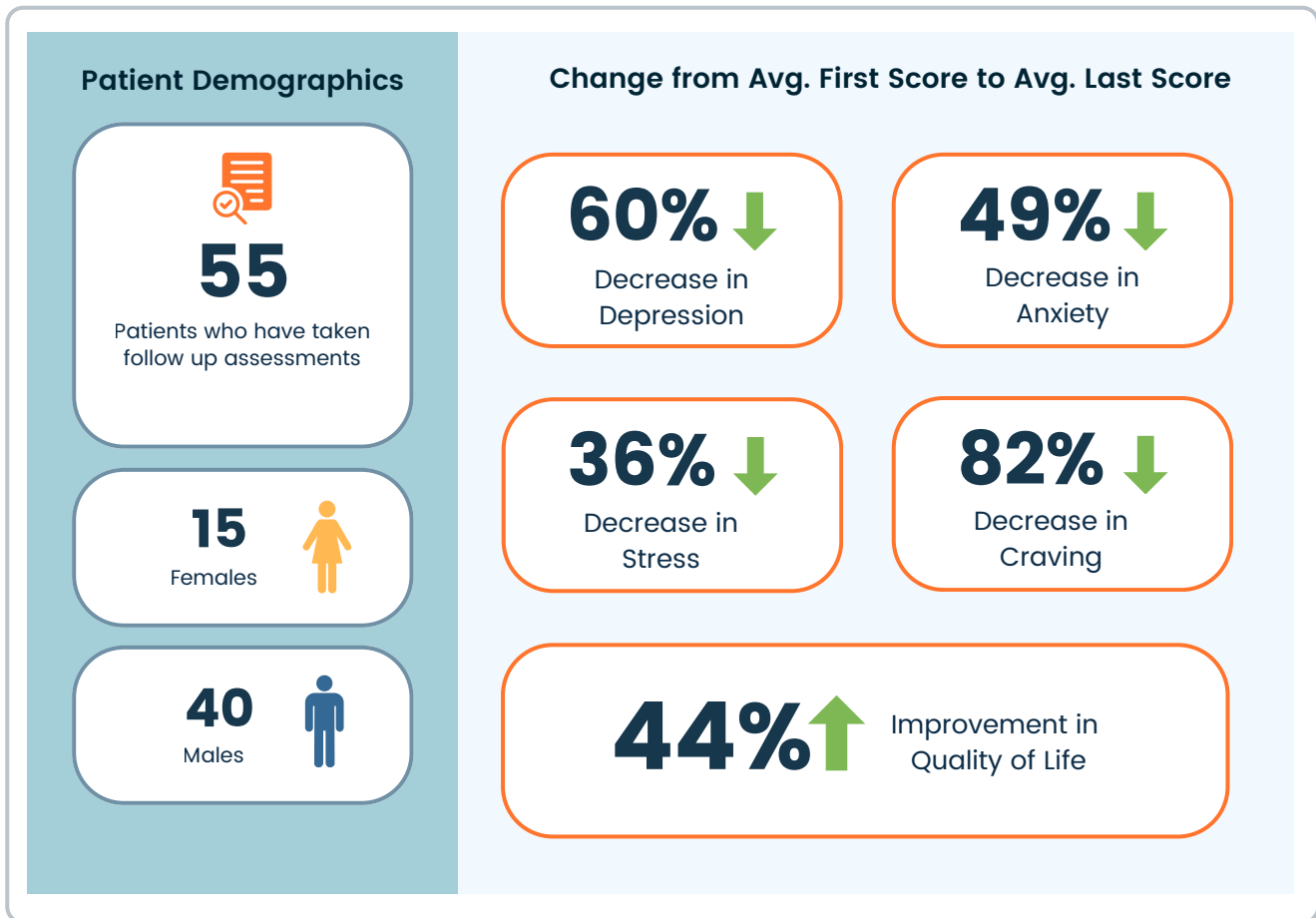
Reporting Period: Jan 2025 to Dec 2025

Exceptional Patient Outcomes

Through routine behavioral health screening and use of that data in clinical intervention for measurement-informed care, Liberty House is moving the needle on overall outcomes. Clinical outcomes for these months reveal the positive impact treatment programs are having for patients.

Considering the patient population as a whole, notable outcomes include a 60% decrease in depression and 49% decrease in the anxiety, and an impressive 82% decrease in cravings!

Liberty House patients also reported better outcomes compared to ERP National averages with 44% improvement in quality of life outcomes.



Key Findings

Liberty House patients have shown exceptional clinical outcomes -

- Craving Improvement **82%**
 - vs **48%** ERP National avg

Depression Improvement **60%** vs **41%** ERP National avg

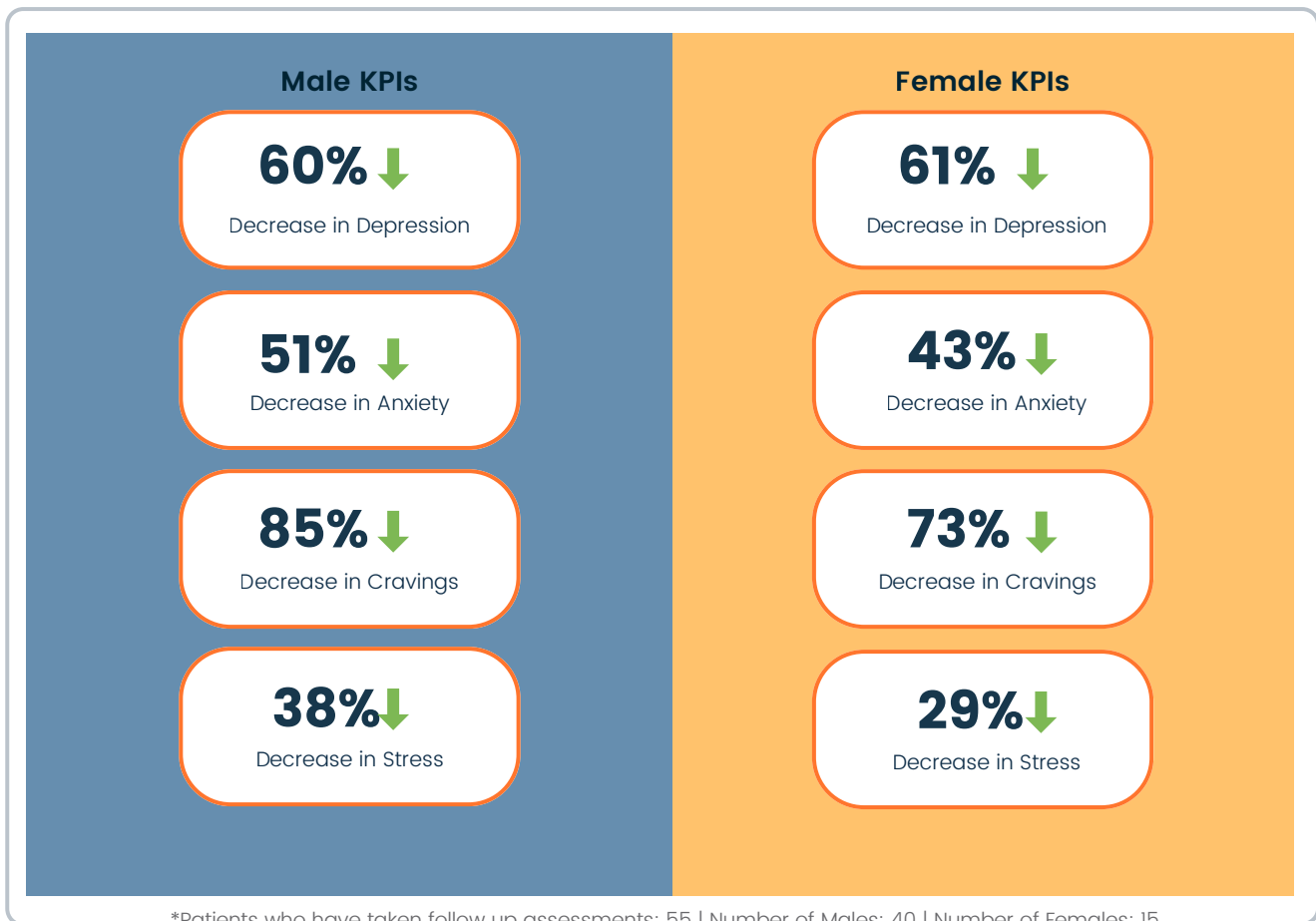




Reporting Period: Jan 2025 to Dec 2025

Patient Outcomes by Gender

Both male and female patients have reported significant improvement in cravings and depression. While male patients reported 85% decrease in cravings and 60% decrease in depression, female patients reported 73% decrease in cravings and 61% decrease in depression.



Key Findings

Patients have shown reduction in symptoms related to depression, anxiety, stress and cravings of primary drug choice.





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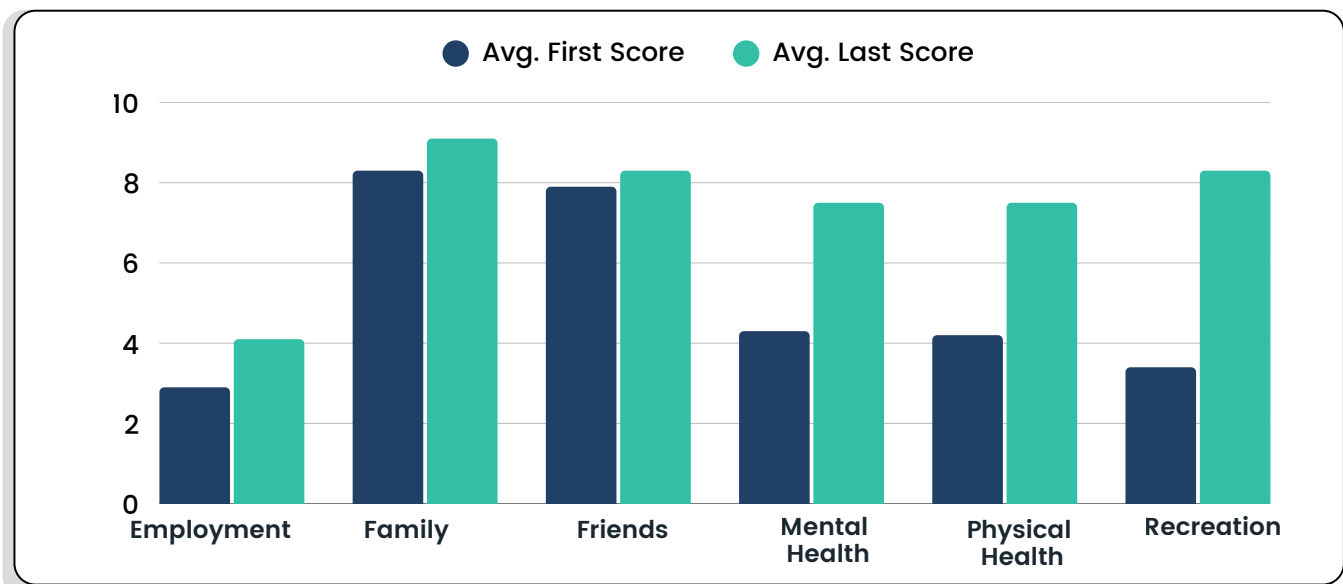
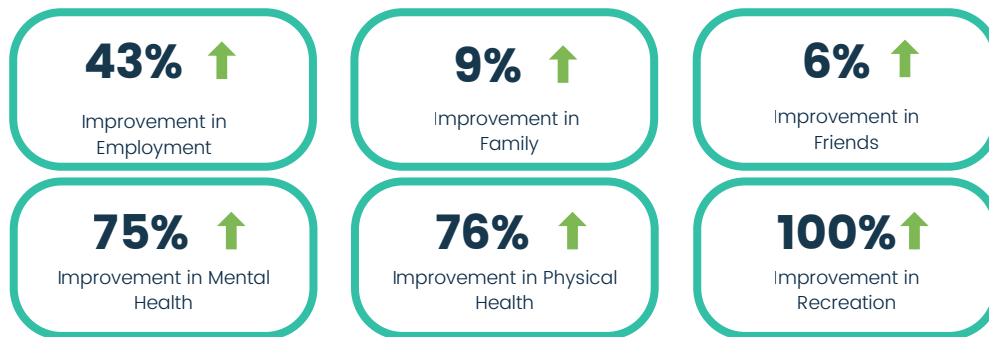
Holistic Hexagon

The Holistic Hexagon is a brief measure of quality of life (QoL) that encompasses six key domains: employment, recreation, physical health, mental health, friends, and family. These domains represent all major areas of an individual's life and are rated on a scale from 1 (very dissatisfied) to 10 (very satisfied).

When considering first and last patient self-report of patient quality of life, Liberty House patients improved, on average, across all the domains.

Total patient average ratings in QoL reveal notable improvement in satisfaction with Recreation (100%) followed by Physical Health (76%), Mental Health (75%), Employment (43%), Family (9%), and Friends (6%). It is common to see a smaller amount of change in the Family and Friends domains as satisfaction in those areas tends to be higher upon intake, leaving less room for improvement. This is good news and allows Liberty House to leverage social support as an important factor in recovery.

Change from Avg. First Score to Avg. Last Score (N = 55)



*Graph shows average first and last scores of patients across 6 domains of Holistic Hexagon.



Symptom Reduction

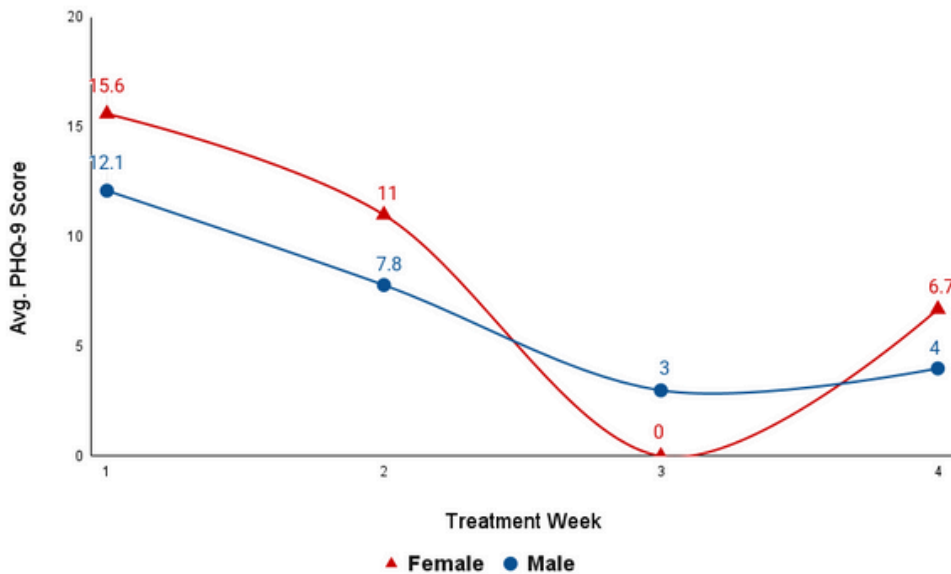
DECREASED DEPRESSION SEVERITY

Instrument Description

The Patient Health Questionnaire (PHQ9) is a multipurpose instrument used for screening, diagnosing, monitoring, and measuring the severity of depression. Patients rate their experience with various symptoms of depression from 0 (not at all) to 3 (nearly every day) when asked how often those symptoms have been bothersome over the previous 2 weeks. Results can range from "minimal depression" to "severe depression". Generally, a score in the "moderate depression" range (10-14) or above warrants further evaluation.

42%
Avg. Decrease in Depression Symptoms across both genders.

Reduction in Depression Symptoms in Patients (by gender)



Depression and anxiety are commonly co-occurring in general and with substance use disorders specifically. Screening for and treating mood disorders is likely to reduce substance cravings and improve overall outcomes.

Key Findings

Overall, PHQ-9 scores show a decrease in severity of depression and fell from moderately severe to mild range over a 4-week course of treatment. Separating out female and male patients, female patient depression scores reduced by 57% and male patient depression scores decreased by 27%.





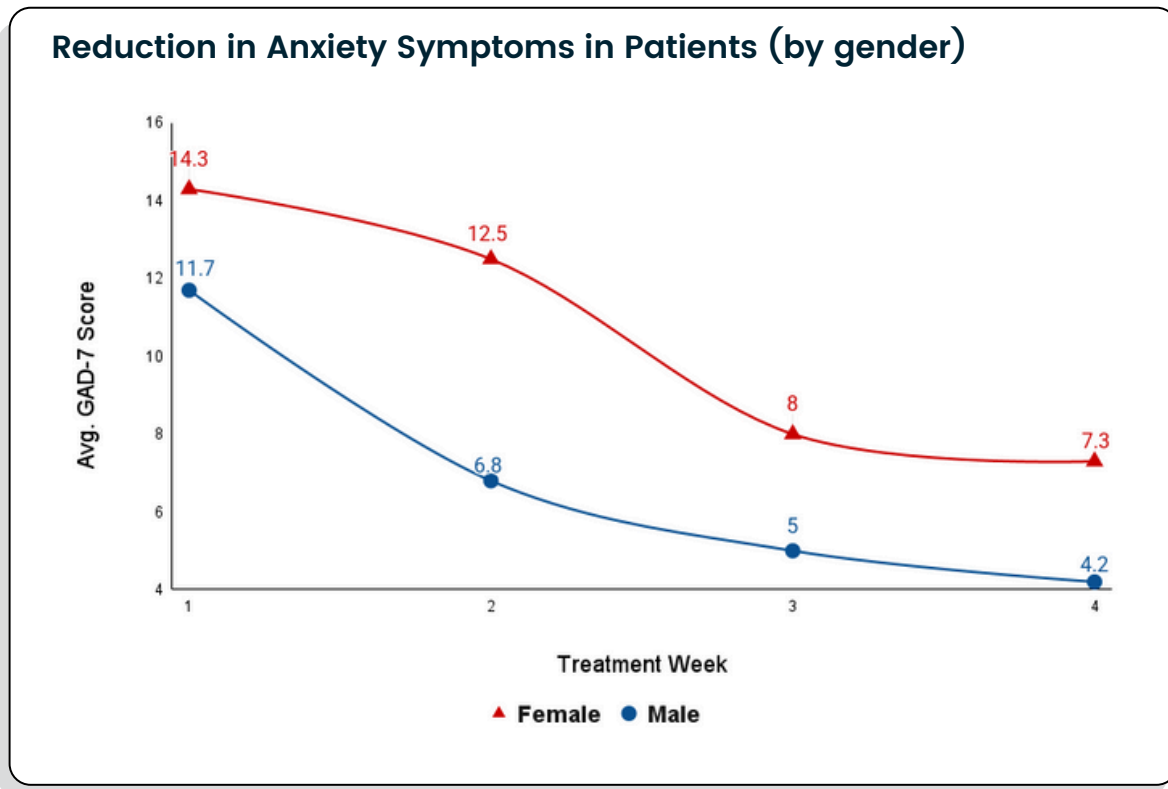
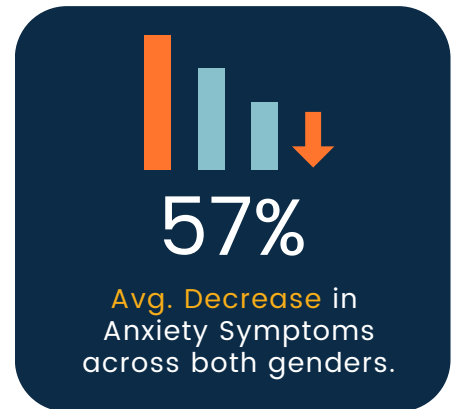
Reporting Period: Jan 2025 to Dec 2025

Symptom Reduction

DECREASED ANXIETY SEVERITY

Instrument Description

The Generalized Anxiety Disorder scale (GAD-7) is a brief measure for the severity of symptoms of anxiety. Patients are asked to rate their experience with various symptoms of anxiety from 0 (not at all) to 3 (nearly every day) when asked how often these symptoms have been bothersome over the prior 2 weeks. Results can range from "minimal anxiety" to "severe anxiety" and generally a score of 10 or higher, which indicates "moderate" or "severe" anxiety warrants further evaluation.



Key Findings

Overall, GAD-7 scores show a decrease in severity of anxiety and fell from moderate to minimal anxiety over a 4-week course of treatment. Separating out female and male patient, female patient anxiety scores decreased by 49% and male patient anxiety scores decreased by 64%.





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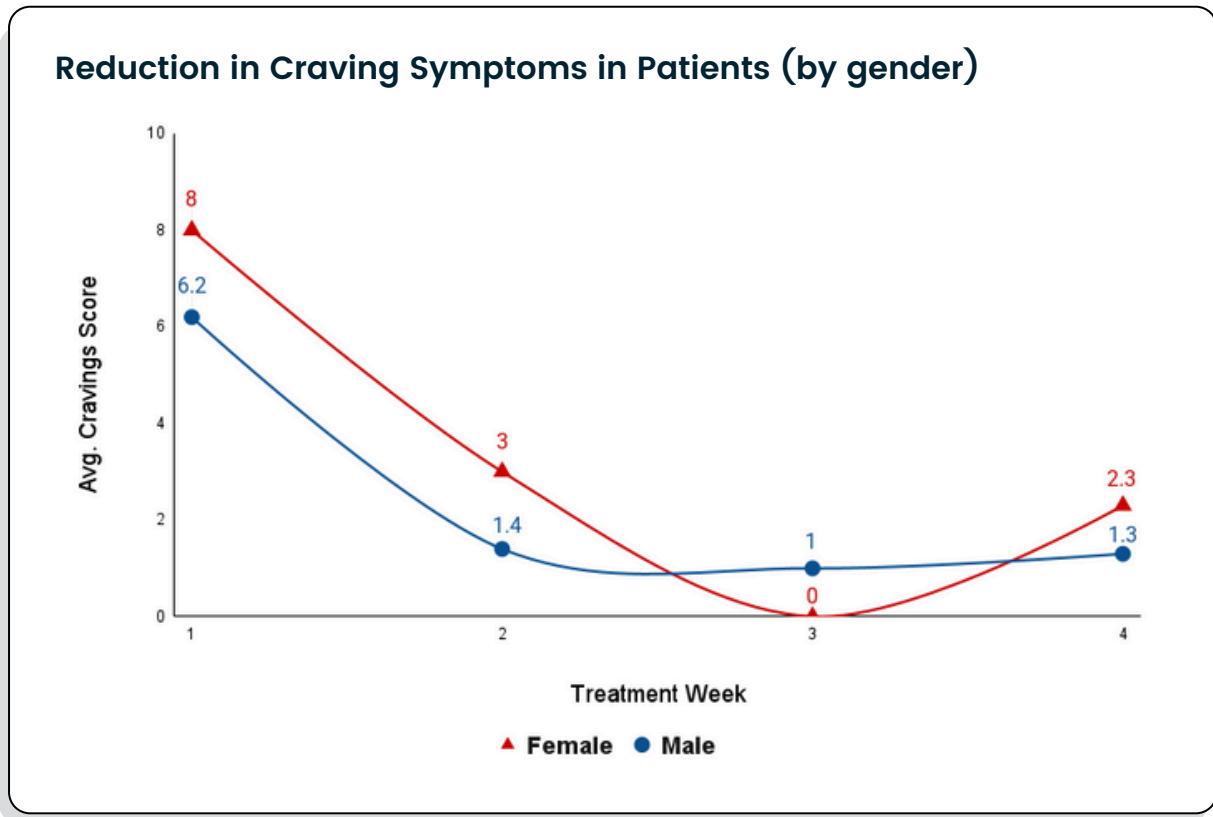
Symptom Reduction

DECREASED CRAVING SEVERITY

Instrument Description

The Brief Substance Craving Scale is a 16-item measure that assesses various substance cravings over a 24-hour period. Intensity and frequency of cravings are recorded on a 5-point scale ranging from 0 (not at all) to 4 (extreme/constant/very long). This measure can be used at intake, during treatment to track progress, and upon follow-up after treatment has been completed to monitor risk.

75%
Avg. Decrease in Craving Symptoms across both genders.



Key Findings

Substance cravings have decreased during the course of treatment in concert with stress, depression, and anxiety. For female patients craving score reduced by 71% and for male patients craving score reduced by 79% moving from extreme to moderate craving range over a 4-week course of treatment.





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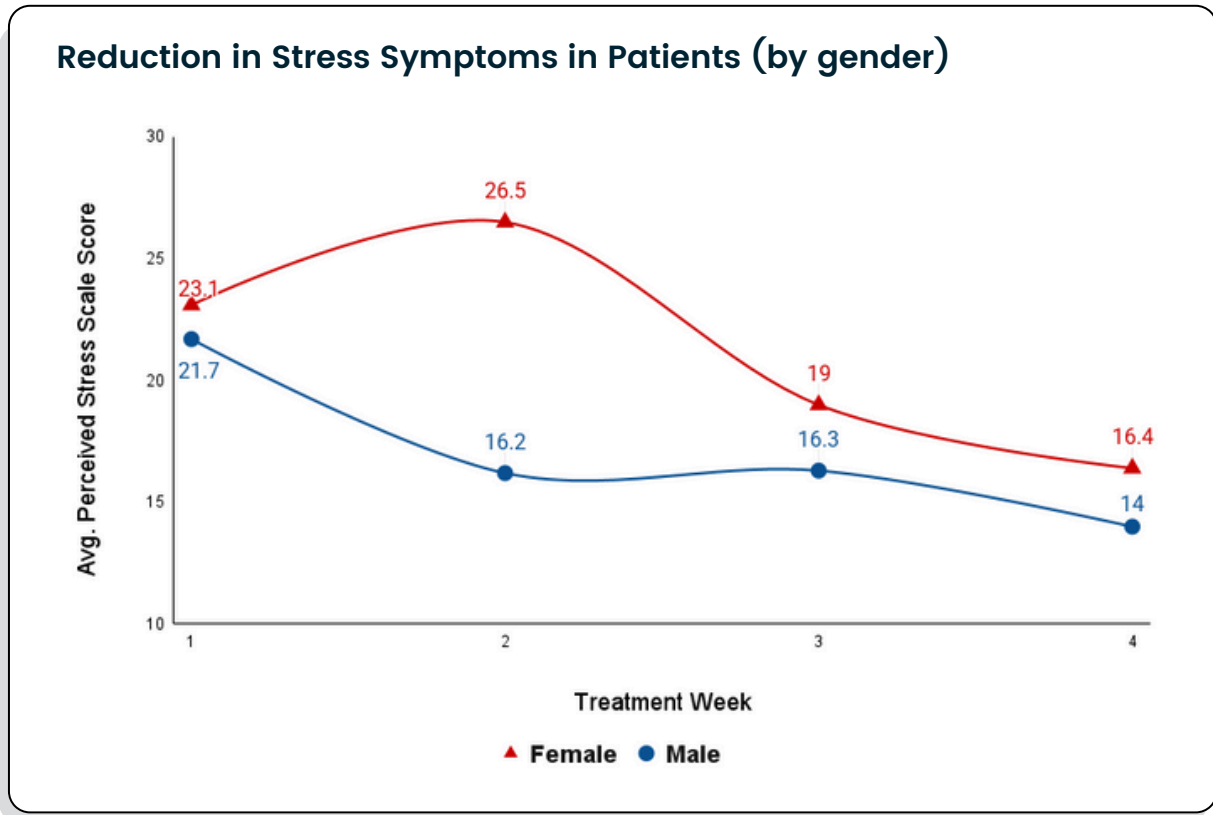
Symptom Reduction

DECREASED STRESS SEVERITY

Instrument Description

The Perceived Stress Scale (PSS) is a 10-item instrument that helps measure individual levels of stress, including how different situations impact how we feel and how we perceive that stress personally. Patients consider the prior month and rate their experiences with various stressful events on a scale from "0 (never) to 4 (very often)". Results can range from low stress to high perceived stress and scores in the moderate range (14-26) or higher are indicative of the need for further evaluation.

32%
Avg. Decrease in Stress Symptoms across both genders.



Key Findings

Patient perceived stress scores remained in the moderate range during treatment. While female patient score increased slightly in week 2, it fell by 29% over 4-week course of treatment. Male patient scores reduced by 35% indicating improvement in stress symptoms.





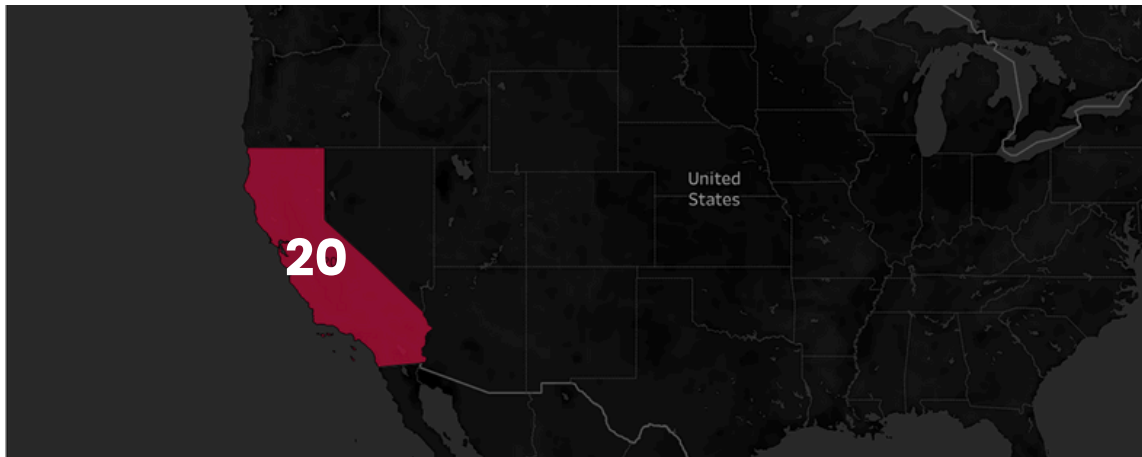
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Symptom Analysis

LIBERTY HOUSE WITH SUICIDAL IDEATION

20 patients, or 24% of the Liberty House patient population, have triggered the Suicide Alert using the ERPHealth platform. 8 patients have triggered the Suicide Alert more than once. Surfacing suicide risk in real time results in saved lives.

Suicidal Ideation in Patients



Key Findings

Suicidal ideation is more prevalent in the first 2-3 completion of the PHQ-9 during an average first 34 days of treatment





Why Choose Liberty House?



Exceptional Clinical Outcomes

Patients demonstrate substantial reductions in depression, anxiety, stress, and substance cravings, with outcomes exceeding national ERPHealth benchmarks in key areas.



High Patient Engagement

A consistently strong engagement rate supports reliable outcomes measurement and timely clinical intervention.



Measurement-Based Care:

Routine use of validated assessments enables clinicians to track progress, identify risk early, and adjust treatment as needed.



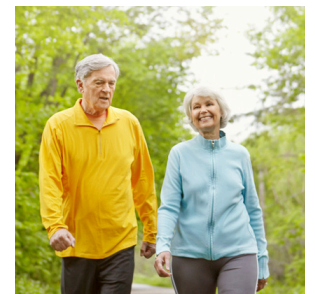
Strong Patient Engagement

High satisfaction scores reflect a supportive environment, skilled staff, and meaningful therapeutic relationships.



Safety-Focused Monitoring:

Real-time identification of suicide risk through standardized assessments supports timely intervention and patient safety.





All information recorded in this outcome report was collected and compiled by ERPHHealth.

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